



### WHO IS A CHR/CHW?

A Community Health Representative/Community Health Worker (CHR/CHW) is a frontline worker implemented to provide quality outreach, health care services, social services, health knowledge, attitudes, and practices of Native people by promoting, supporting, and improving the quality of life through well-trained, medically-guided health care workers.

### WHO DOES A CHR/CHW ASSIST?

The CHW/CHR program works with all Indigenous/Natives in our community regardless of tribe, health issue, age, or gender in (insert your area or county name).

## HOW CAN A CHR/CHW HELP YOU?

# BRIDGING THE GAP

Our CHR/CHW program helps to bridge the gaps between our communities and health care service systems through:

- · Barriers to health care access
- Health promotion and education
- Lifestyle and social assistance
- Health and social navigation
- Referrals to and from health care systems
- Medical transportation assistance
- Medication access
- Mobility issues
- Accessing providers

### NAVIGATING ASSISTANCE

Our CHR/CHWs assist with navigating and coordinating social services within our community such as:

- Housing applications
- Food insecurity
- Back-to-school for young mothers/fathers
- · Benefits for health care and the State
- Referrals to and from social service programs
- Day Care applications

LEARN MORE ABOUT OUR PROGRAM BY CALLING 123-456-7890 OR FAXING 123-456-7890