



## CHW Support Helps Client Make Progress in Personal Growth for a Brighter Future

**WellFully CHWs use resources to support clients that enable them to improve their life trajectories and make gains in personal growth.**

WellFully programs provide addiction recovery, behavioral, and psychiatric residential care to youth through their facility in Rapid City, SD. WellFully's CHW program supports youth during their inpatient stay at WellFully, as well as provides support after they transition out of the facility.



**THROUGH OUR RESIDENTIAL AND AFTER-SCHOOL PROGRAMS, WELLFULLY HELPS AT-RISK YOUTH DEVELOP EFFECTIVE COPING SKILLS LEADING THEM TO MAKE BETTER LIFE CHOICES ABOUT THEIR OWN HEALTH, EDUCATION, AND EMPLOYMENT SO THEY CAN HAVE A BETTER FUTURE!**

### CLIENT BACKGROUND

The client had been expelled from her previous placement due to the misuse of her prescription medication. She came to WellFully looking to improve her behavioral and mental health concerns, as well as become compliant with medication usage. The client's prior experiences in programs had left her struggling to establish meaningful connections or relationships within those programs.

### SERVICES PROVIDED

The CHW supported the client by facilitating her overall well-being and personal development. This included the CHW providing the client with resources and guidance geared toward improving her behavioral and mental health. The client greatly benefited from the dedicated assistance that helped her comply with proper medication usage, ensuring a responsible and effective approach to her medical regimen. Additionally, the client's educational journey was prioritized through WellFully's educational supports, such as in-house teachers.

## CLIENT SUCCESSES

The client has made remarkable progress in her achievements and personal growth. Over a span of five months, the client was successfully discharged and returned home. She was able to graduate early with a diploma and submitted college applications. The client also showed commitment to behavioral and mental health improvement as she never had to be placed on a Learning Opportunity intervention.

The client has been accepted to college and is an applicant for the WellFully scholarship, demonstrating her dedication to higher education.

A key testament to the client's experience is her current view of safety and the meaningful connections she made within the WellFully program, a network that played a pivotal role in her journey toward success.

## ADDITIONAL INFORMATION

WellFully's programs have provided addiction recovery, behavioral, and psychiatric residential care to thousands of youth, giving them the counseling, medical and educational services they need. Through our residential and after-school programs, WellFully helps at-risk youth develop effective coping skills leading them to make better life choices about their health, education, and employment so they can have a better future! WellFully's mission is to provide health, recovery, and development services to all adolescent youth. To learn more about WellFully, visit: <https://www.wellfullypacc.org/>.

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